



NORTHWEST NORDIC SKI CLUB -- 2019-20

www.nwnordicskiclub.com

Monthly meetings:

(For restaurant meetings, you must R.S.V.P. to Debbie H. at 773-271-2505 or debbieh33356@yahoo.com at least three days before the meeting.)

- Sun., Oct. 27 3:00 P.M. pot luck (and ski waxing) at Karin and Jerry's home. RSVP for directions at khribar@comcast.net.
- Sat., Nov. 2 9:30 A.M. hike in the Swallow Cliff Woods area of the Palos Forest Preserve system (near Palos Park); contact Debbie at debbieh33356@yahoo.com.
- Sat., Nov. 16 7:00 P.M. wine tasting and appetizer social at Kris and Don's home; RSVP for directions at donwaus@yahoo.com,
- Tues., Dec. 3 7:00 P.M. dinner meeting and trip expo at Jin 28, 1255 N. Rand Rd., Arlington Heights (in the Tony's Fresh Market shopping center behind Target.) RSVP to Debbie by 11/30/19.
- Tues., Jan. 7 7:00 P.M. meeting and guest speaker at Tara and Don's home; RSVP for directions at tara.riley@me.com.
- Tues., Feb. 4 7:00 P.M. dinner meeting at Granite City, 992 Willow Road (near REI), Northbrook; RSVP to Debbie by 2/1/20.
- Fri., March 20 6:30 P.M. ANNUAL BANQUET, location T.B.A.

Races and tours in the Midwest:

- Jan. 24-26 Noquemanon Ski Marathon, Marquette, MI
50 km; www.noquemanon.com
- Feb. 1 Wolf Tracks Rendezvous Ski Marathon, Minocqua, WI
24 or 42 km.; www.minocquawinterpark.org
- Feb. 8-9 VASA Ski Race, Traverse City, MI
12, 27, or 50 km.; www.vasa.org
- Feb. 22 American Birkebeiner Ski Race, Cable, WI
23 or 51 km; www.birkie.com
- March 7 Great Bear Chase Ski Marathon, Calumet, MI
10, 25, or 50 km.; www.greatbearchase.com

Day trips:

All locations subject to change pending snow conditions! Check your e-mail or the website for trip leader information and updates.

Sun., Jan. 5 noon Arrowhead Golf Course/Herrick Lake Forest Preserve, Wheaton, IL (**Ideal for beginners** and more advanced skiers. Rental equipment available.)

Sat., Jan. 11 10:00 A.M. Nordic Trails, So. Kettle Moraine area, WI (intermediate-advanced)

Sat., Jan. 18 10:00 A.M. Moraine Hills State Park, Mc Henry, IL (beginner - intermediate)

Sun., Jan. 26 noon Deer Grove Forest Preserve, Palatine, IL (beginner-intermediate)

Sat., Feb. 1 10:00 A.M. Sagawau Environmental Center, Lemont, IL Rental equipment available. Groomed for diagonal striding and skate skiing. Bring food for a potluck lunch in the lodge. (beginner-intermediate.)

Sat., Feb. 8 10:00 A.M. McMiller Ski Trails, So. Kettle Moraine area, WI (intermediate-advanced)

Sun., Feb. 16 noon Lakewood Forest Preserve, Wauconda, IL (beginner-intermediate)

Sat., Feb. 22 10:00 A.M. Ryerson Woods, Riverwoods, IL (beginner - intermediate)

Sat., Feb. 29 10:00 A.M. Nordic Ski Trails, So. Kettle Moraine area, WI (intermediate - advanced)

In addition, members may post last-minute day trips via the NNSC e-mail list or the club website.

Weekend and week-long trips:

(You must be a current paid club member to participate, and you must complete a Trip Participant Application and turn it in to the trip leader.)

Fri., Jan. 17 - Sun. Jan. 19 (or Mon., Jan. 20) POP-UP TRIP

Where will the snow be within 4 hours of the northwest suburbs? TRIP LEADER needed.

Fri., Jan. 24 - Sun., Jan. 26 Minocqua, WI

Plenty of great ski trails in the area, including state-of-the-art Minocqua Winter Park (75 km of groomed trails.) Take a skate ski or classical striding lesson at MWP. Lodging at The Waters of Minocqua; indoor water park, free breakfast, on-site coffee shop serving Starbucks, fitness center. Call 715-358-4000 by Dec. 24 and mention group "Northwest Nordic Ski Club" to get the group rate of \$134.99 on a room with two queen beds; contact Cary Cohen, carycoh@aol.com. Can be combined with Ironwood trip below. (intermediate to advanced x-c; snowshoeing)

Sun., Jan. 26 - Fri., Jan. 31 Ironwood, Upper Peninsula, MI

The most reasonably-priced trip of the year! 5 nights' lodging in a 4-bedroom house owned by Indianhead Motel (or choose to stay in a traditional motel room.) Several excellent ski areas nearby. Lessons available at ABR. Continental breakfast included; free sauna; heated ski waxing room; pre-dinner socials and post-dinner game nights in the house. Approximate cost \$165 per person; deposit of \$100 (check payable to NNSC) required by Nov. 15; balance due Dec. 15. Contact Donna Ponte, donatelapontesi@yahoo.com or 847-971-6277. (Call the motel and pay direct to book a traditional motel room.) (intermediate to advanced x-c; snowshoeing)

Sat., Feb. 15 - Sat., Feb. 22 Sun Valley, Idaho

Travel by air to Boise. Rental cars for the 3-hour trip to Sun Valley. Lodging in a rental home in the Sun Valley/Ketchum area. Skiing (and snowshoeing) at Sun Valley Nordic Trails, Galena Lodge, and Blaine County Recreation District. Group has already met to plan, and initial deposits have been collected. Check with Paula at plmatzek@aol.com to see if space is still available or to be put on the waiting list.

March 6-10?

POP-UP TRIP to ???

Contact Scott Schaedel, svschaed@gmail.com.

Beginner information:

The club may do some **informal easy ski outings at a local park or golf course** during the season, snow permitting. Contact Cary at carycoh@aol.com.

Sportsman's Country Club, 3535 Dundee Rd., Northbrook, offers groomed trails when there is a 4-6" base. They offer **x-c ski lessons and rentals**. Lessons begin on Saturdays in January, 10 A.M.-noon, \$15 (not including equipment.) To sign up, call 847-292-2351, ext. 3.

The local River Prairie Group of the **Sierra Club does an annual x-c ski clinic weekend** in southern Michigan each January. See their website at illinois.sierraclub.org/rpg or e-mail Steve, sdturner@gmail.com.

Sagawau Environmental Center (on Ill. 83 near Lemont), a part of the Palos area Forest Preserve system, offers **x-c ski lessons and rentals** and has 6 km of groomed trails. To reserve a spot for a lesson, call 630-257-2045.

Heller Nature Center, 2821 Ridge Road (north of Rte. 22), Highland Park, 847-433-6901, offers **rentals**, has 3 miles of **trails** open when there is a 4-inch snow base, and may offer **lessons** this year.

Arrowhead Golf Course (26W151 Butterfield Road, Wheaton, 630-653-5800 ext. 4) **rents** equipment and opens the course for skiing if 6" of snow or more. **Lessons** on Saturdays starting in January; contact Dan Novak at dnovak@wheatonparks.org, 630-510-5117.

Northerly Island on the Chicago lakefront offers ski rentals and flat terrain for skiing.