

NORTHWEST NORDIC SKI CLUB -- 2017-18

www.nwnordicskiclub.com

Monthly meetings:

(For restaurant meetings, you **must R.S.V.P. to Gerri T. at 847-975-3001 or bicycle5get@sbcglobal.net at least three days before the meeting.**)

Sun., Oct. 29 2:00 P.M. pot luck (and ski waxing) at Laurie's home; RSVP for directions at larsen.L.L@sbcglobal.net or 847-776-8813

Sat., Nov. 11 7:00 P.M. wine tasting social at Jackie and Vince's home; RSVP for directions at jkcycles@sbcglobal.net or 847-259-6899.

Tues., Dec. 5 7:00 P.M. meeting at Karin and Jerry's home; RSVP for directions at khribar@comcast.net or 847-818-0206.

Tues., Jan. 2 7:00 P.M. dinner meeting at Canta Napoli, 90 E. Busse Ave., Mount Prospect; RSVP to Gerri by 12/30/17

Tues., Feb. 6 7:00 P.M. dinner meeting at Javier's Sabor Mexicano, 8 W. Miner St., Arlington Heights; RSVP to Gerri by 2/3/18.

Fri., March 23 6:30 P.M. ANNUAL BANQUET, location T.B.A.

Races and tours in the Midwest:

Jan. 26-28 Noquemanon Ski Marathon, Marquette, MI
50 km; www.noquemanon.com

Feb. 11-12 VASA Ski Race, Traverse City, MI
12, 27, or 50 km.; www.vasa.org

Feb. 23-24 American Birkebeiner Ski Race, Cable, WI
23 or 51 km; www.birkie.com

Day trips:

All locations subject to change pending snow conditions! Check your e-mail or the website for trip leader information and updates.

Sun., Jan. 7 noon Arrowhead Golf Course/Herrick Lake Forest Preserve, Wheaton, IL (**Ideal for beginners** and more advanced skiers. Rental equipment available.)

Sat., Jan. 13 10:00 A.M. Nordic Trails, So. Kettle Moraine area, WI (intermediate-advanced)

Sun., Jan. 21 noon Camp Sagawau, Lemont, IL (Rental equipment available. Groomed for diagonal striding and skate skiing. Bring food for a potluck lunch in the lodge. Beginner-intermediate.)

Sat., Jan. 27 10:00 A.M. McMiller Ski Trails, So. Kettle area, WI (intermediate-advanced)

Sat., Feb. 3 10:00 A.M. Waterfall Glen Forest Preserve (DuPage County), Darien, IL, (beginner-intermediate)

Sat., Feb. 10 10:00 A.M. Scuppernong Trail, So. Kettle area, WI (intermediate-advanced)

Sun., Feb. 18 noon Deer Grove Forest Preserve, Palatine, IL (beginner-intermediate)

Sat., Feb. 24 10:00 A.M. Lapham Peak/Nashotah County Park, Delafield, WI (intermediate-advanced)

Sat., March 3 10:00 A.M. Nordic Trails, So. Kettle area, WI

In addition, members may post last-minute day trips via the NNSC e-mail list or the club website.

Weekend and week-long trips:

(You must be a current paid club member to participate.)

Fri., Jan. 12 - Mon., Jan. 15 Palmquist's The Farm, Brantwood, WI

An annual NNSC tradition; lodging in beautiful log inns; home-cooked breakfast, lunch, and dinner included; over 20 km of trails on site or travel to other nearby ski areas; approximate cost \$350; deposit of \$200 (check payable to Palmquist Farm) required (to

trip leader) by Dec. 12. Contact Sue Allman, susan.allman@sbcglobal.net, or Meg Ewen, ibagoalie@comcast.net. (beginner to advanced x-c; snowshoeing)

Fri., Jan. 26- Mon., Jan. 29 Marquette/Munising, Upper Peninsula, MI

Valley Spur in the Hiawatha National Forest near Munising offers 38 miles of ski and snowshoe trails ranging from beginner to difficult. Skiers wishing to test their skills may enter the Noque ski races (various distances) in the town of Marquette. The Noque ski trail is described as beautiful, rugged, and mainly downhill! Lodging at a local hotel with a pool and continental breakfast; cost including taxes approximately \$100 per night per room (2 double beds and a refrigerator.) Contact Debbie Hoegemeyer, debbieh33356@yahoo.com. Can be combined with Ironwood trip below. (beginner to advanced x-c; snowshoeing)

Sun., Jan. 28 - Fri., Feb. 2 Ironwood, Upper Peninsula, MI

The most reasonably-priced trip of the year! 5 nights' lodging in a 4-bedroom house owned by Indianhead Motel (or choose to stay in a traditional motel room.) Several excellent ski areas nearby. Lessons available at ABR. Continental breakfast included; approximate cost \$165 per person; deposit of \$100 (check payable to NNSC) required by Nov. 15; balance due Dec. 15. Contact Norma Witherbee, nwitherbee@koenigrubloff.com or 847-373-5414. (Call the motel and pay direct to book a traditional motel room.) (intermediate to advanced x-c; snowshoeing)

Fri., Feb. 2 - Sun., Feb. 4 Minocqua, WI

Plenty of great ski trails in the area, including state-of-the-art Minocqua Winter Park (75 km of groomed trails.) Take a skate ski or classical striding lesson at MWP. Lodging at Americinn; refrigerator and microwave in each room; indoor pool, free breakfast. Call 715-356-3730 by Jan. 12 and mention group "Northwest Nordic Ski Club" to get the special rate of \$98.99 plus tax on a room with two beds; contact Cary Cohen, carycoh@aol.com. Can be combined with Ironwood trip above. (intermediate to advanced x-c; snowshoeing)

Fri., Feb. 16 - Sun., Feb. 18 Iola, WI plus

Ski one day at the Iola Winter Sports Club, with 20 km of groomed trails. The other day could be in the Stevens Point area or North Kettle Moraine, depending on snow conditions at trip time. Lodging at Econo Lodge, Waupaca, WI; two double beds, microwave and refrigerator; call 715-258-8526 and mention Northwest Nordic Ski Club to get the special rate of \$55 per night; contact Donna Ponte, 847-971-6277 or donatelapontesi@yahoo.com. (intermediate to advanced x-c; snowshoeing)

one week, late February or early March Fraser/Winter Park, CO

Rental home or condo lodging. Plane and rental vehicle transportation. Three different ski trail systems within 45 minutes of Fraser. Plans and reservations are being finalized in October. Limited space. Contact Paula Matzek, plmatzek@aol.com or 847-394-4920 immediately if you are interested.

Beginner information:

The club may do some **informal easy ski outings at a local park or golf course** during the season, snow permitting. Contact Cary at carycoh@aol.com.

Sportsman's Country Club, 3535 Dundee Rd., Northbrook, offers groomed trails when there is a 4-6" base. They offer **x-c ski lessons and rentals**. Lessons begin on Saturdays in January, 10 A.M.-noon, \$15 (not including equipment.) To sign up, call 847-292-2351, ext. 3.

The local River Prairie Group of the **Sierra Club does an annual x-c ski clinic weekend** in southern Michigan each January. See their website at illinois.sierraclub.org/rpg or e-mail Steve, sdturner@gmail.com.

Camp Sagawau (on Ill. 83 near Lemont), a part of the Palos area Forest Preserve system, offers **x-c ski lessons and rentals** and has 6 km of groomed trails. To reserve a spot for a lesson, call 630-257-2045.

Heller Nature Center, 2821 Ridge Road (north of Rte. 22), Highland Park, 847-433-6901, offers **rentals**, has 3 miles of **trails** open when there is a 4-inch snow base, and may offer **lessons** this year.

Arrowhead Golf Course (26W151 Butterfield Road, Wheaton, 630-653-5800 ext. 4) **rents** equipment and opens the course for skiing if 6" of snow or more. **Lessons** on Saturdays starting in January; contact Dan Novak at dnovak@wheatonparks.org, 630-510-5117.

Northerly Island on the Chicago lakefront offers ski rentals and flat terrain for skiing.

NORTHWEST NORDIC SKI CLUB TRIP PARTICIPANT APPLICATION

Name(s) _____

Address _____

Phone number(s) (home and/or cell) _____

Emergency contact (not on trip with you) _____

Emergency contact phone number(s) _____

TRIP POLICIES

- All trip participants must be paid members of NNSC.
- All trip sign-ups are on a first come, first served basis. If the trip fills up, a waiting list will be started.
- Unless otherwise noted, accommodations are double occupancy. Those signing up as singles will be assigned a roommate of the same gender. Individuals may reserve a double room, where available, by paying the price of a double.
- Minimum payment of approximately 50% is due no less than 60 days prior to scheduled trip. Balance is due at least 30 days prior to the trip. If payment is not received within specified time, space will go to those on the waiting list. Make checks payable to Northwest Nordic Ski Club.
- Cancellations made at least 30 days before the trip may result in a partial refund, depending on whether a replacement is found and on the cancellation policy of the lodging establishment. Airline tickets purchased by trip leader/club are not refundable.

I accept the above trip policies. _____ date _____

TRIP WAIVER

In making this application, I affirm that I am in good health, capable of performing the required exercise to participate, and that I accept at my personal risk the hazards of

participation and will not hold Northwest Nordic Ski Club, nor its representatives, responsible. In consideration of Northwest Nordic Ski Club accepting my application, I

hereby release and forever discharge Northwest Nordic Ski Club, their officers, directors, servants and agents from any liability whatsoever arising as a result of my

participation, and I declare the release binding upon me, my heirs, executors, administrators and assigned.

Signature(s) _____ date _____

_____ date _____

(for trip leader use only)

Deposit amount _____ date _____ check number _____

Balance amount _____ date _____ check number _____